

Union Station Clubhouse Weekly

My Recovery Story

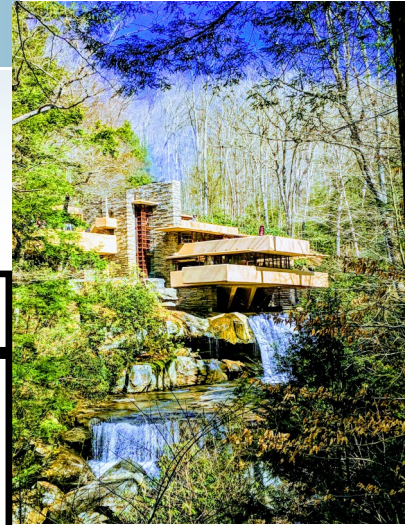
I have been at Clubhouse almost five years in August. I have learned a lot and I met so many people over the years. A few are no longer with us that I know they was good to me and I will never forget them. I remember the first day I came in. People were very nice to me. I was very quiet at first then I met two wonderful staff, Caprese and Crystal. They got me talking a lot to them and I felt comfortable talking to them about my life and what I been through over the years. They helped me every step of the way and still do to this day. They always brighten my day I come walking in that door and they put a smile on my face. Ashley has helped me as well. Along with them the other staff helped me get through a rough and hard time where I was living and I decided to move out. I was homeless and stayed with friends until I got the emergency shelter until I moved to Crosskeys. They got me the help I needed to be on my own. On November 5, 2020, I moved into my apartment. Crosskeys and Clubhouse helped me get the apartment and set it up really nice. I can't thank them enough for what they have done for me. I never thought I will come this far in life by myself without my family help. The following month, Clubhouse staff and members, along with those at Crosskeys, helped me through a rough time losing my cousin. It was very hard on me and my family losing him. It still hard on us, but we are getting through it and I want to say thank you guys for your prayers for me and my family. I don't know what to do without you all in my life and I am glad I met each and every one of you. I love you guys very much.

~Krysta C.

Intellectual / Developmental Disability Awareness Month

March is Intellectual / Developmental Disability (I/DD) Awareness Month. While not a mental health diagnosis, but a part of the DSM-V, many times individuals that are Intellectually or Developmentally challenged also have mental health challenges as well. This can often result in them receiving services from both the I/DD side of the Behavioral Health System such as the service of a supports coordinator (similar to case management on the Mental Health side) or they can receive services to maintain independence in the community such as habitation, or waiver services where a support professional guides the individual on being as independent as possible. Likewise, they can also access services on the mental health side of the behavioral health system as long as they can maintain their own independence with services such as supported housing, outpatient services such as talk therapy or psychiatry services, and day programs such as all modes of psychiatric rehabilitation and drop-in. These services can be given provided the individual can meet basic care needs without assistance.

~Dustin M.



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Meeting Schedule on Zoom

- Daily 8:30 AM Meeting
- Daily 12:30 PM Meeting
- Monday 2:00 PM House Meeting
UDM as Needed

Goodwill's Virtual Career Services

Looking for a new job but unsure of where to start? Or maybe you aren't actively looking but have extra time at home to learn new skills? Goodwill's Career Services offers a wide selection of virtual services to help jobseekers build the necessary skills crucial to achieving their career goals. More Information: <https://www.goodwillswpa.org/career-service-online>

Current COVID-19 Information

- ⇒ Federal Government Response: www.coronavirus.gov
- ⇒ PA Department of Health Information <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>
- ⇒ Fayette County Fights COVID-19 Facebook Group: <https://www.facebook.com/groups/206439277088716/>
- ⇒ Fayette Area Coronavirus Needs / Availability Group: <https://www.facebook.com/groups/211053520110419/>
- ⇒ Embedded State/ World Case Maps <http://coronavirus.unionstationclubhouse.com/resources/maps.html>
- ⇒ Is it your turn for the COVID-19 Vaccine? <https://covidportal.health.pa.gov/s/Your-Turn>
- ⇒ Fayette County Individual COVID-19 Vaccination Registry: <https://www.fayettecountypa.org/795/Individual-Registration>

Standard of the Week:

26. The Clubhouse is located in an area where access to local transportation can be assured, both in terms of getting to and from the program and accessing TE opportunities. The Clubhouse provides or arranges for effective alternatives whenever access to public transportation is limited.

Resources Compiled

As a part of the "virtual" Work-Ordered Day of the Clubhouse. One of those tasks over the last week was compiling a comprehensive list of resources for our community of businesses such as banks, pharmacies, grocery, take-out etc. that is open and what operations are within them during this difficult time. Also compiled was a listing of entertainment series such as tour series provided by our National Parks in the region and other virtual opportunities. For more information on all resources, visit: www.coronavirus.unionstationclubhouse.com

Community Support Program Updates

- ⇒ Western Region CSP will be meeting virtually until further notice with the February meeting being held February 12, 2021 The Next one will be on March 12, 2021 and will feature Dawn Davoli and Food and Brain Health.
 - ⇒ [Meeting Link](#)
 - ⇒ 888 788 0099 US Toll-free
 - ⇒ 877 853 5247 US Toll-free
 - ⇒ Meeting ID: 934 6249 8705
 - ⇒ Passcode: 948800
- ⇒ Our CSP, Partners for Recovery will be also meeting via Zoom until Further notice with the next meeting being held at 10:30 AM on Monday, March 29, 2021.
 - ⇒ [Meeting Link](#)
 - ⇒ Meeting ID: 836 6421 5963
 - ⇒ Passcode: 747703

Beacon Health Options Member and Family Zoom Meetings

Beacon Health Options Prevention, Education, and Outreach Department invites you to join us on a Zoom meeting. The purpose of the call is to share information, updates and provide opportunities to net-work with other Beacon members and family members. The call will be hosted by Beacon's Prevention, Education and Outreach staff. We welcome Beacon members and families to join us. All calls are from 1:00 pm - 2:00 pm every other Monday.

Dates of calls are:

- ⇒ March 15, 2021
- ⇒ March 29, 2021
- ⇒ April 12, 2021
- ⇒ April 26, 2021

To Join the Zoom Meeting [CLICK HERE](#)

If unable to join by the Zoom link above, please dial in on the specific date at 1:00pm EST 1-646-876-9923 to join by phone: Meeting ID: 963 6668 5245 Passcode: 773174



Food Pantries Next Week

- ⇒ Connellsville Community Ministries, 110 W. Crawford Ave., Connellsville; Tuesday and Thursday 9:00 AM to 2:00 PM; Connellsville, South Connellsville, Connellsville Township
- ⇒ Point Marion United Methodist Church, 502 Morgantown Street, Point Marion; Tuesday, 12:00 Noon—1:00 PM; Point Marion and Springhill Township
- ⇒ Saint Paul's Lutheran Church, 67 North Gallatin Avenue, Uniontown; Tuesday 5:00 PM to 6:00 PM; Streets off intersecting off of North Gallatin Avenue in Uniontown City and surrounding area
- ⇒ Masontown Presbyterian Church, 102 W. Church Ave., Masontown; Wednesday, 1:00 PM—2:00 PM; Masontown Borough and Surrounding German Township
- ⇒ East Liberty Presbyterian Church, 709 Main Street, Vanderbilt; Thursday 9:00 AM to 12:00 Noon; Dawson, Dickerson Run and Vanderbilt Addresses
- ⇒ Oak Hill Baptist Church, 100 Old Frame Road, Smithfield; Thursday 4:00 PM to 5:00 PM; Smithfield and Nicholson Township
- ⇒ Perryopolis Ministerium @ United Methodist Church, 203 W. Independence Street, Perryopolis; Thursday, 10:00 AM to 11:30 AM; Frazier School District
- ⇒ New Life Baptist Church, 346 Ferguson Road, Dunbar; Thursday, 12:00 Noon—4:00 PM; Dunbar Borough and Dunbar Township East of US 119
- ⇒ Paradise United Methodist Church, 105 Hoke Road, Mt. Pleasant; Friday 9:00 AM—12:00 Noon; Bullskin Township, Everson Borough, Upper Tyrone Township
- ⇒ Calvary United Methodist Church, 34 Clark Street, Uniontown; Saturday 9:00 AM—10:00 AM ; Upper East End of Uniontown City
- ⇒ Mount Calvary Baptist Church, Morgantown Road, Fairchance; Saturday 10:00 AM—12:00 Noon; Fairchance Borough and Georges Township

This N' That Around The Area

- Connellsville Area Community Ministries is having a FREE coat giveaway at the Connellsville Community Center (201 E. Fairview Avenue, Connellsville) for residents of the Connellsville Area School District on Tuesdays and Thursdays from 9:00 AM to 3:00 PM
- South Connellsville Volunteer Fire Company will host a fish fry from 11 a.m. to 5 p.m. today and each Friday during Lent at the Firemen's Club. Dinners will include fish, French fries, macaroni and cheese, and coleslaw for \$10. All other sides are \$1 each.
- The Clinton Church of God, 406 Buchanan Road, Normalville will hold a takeout-only Lenten fish fry 4-7 p.m. Feb. 19 and March 5 and 19. Dinners are \$9 and will include fish, macaroni and cheese, coleslaw and cake. For more information, call the church at 724-455-2017
- Dunbar Township will sponsor its monthly recycling event 8 a.m. to noon Saturday at the township building, 128 Township Drive. In addition to regular recyclables, electronics will also be taken.
- Norma's Closet Clothing and Houseware Bank opens at the Fresh Fire Church at 171 Connellsville Street in Uniontown on Tuesday March 2nd and March 16th 10am-2pm. Clothing for all sizes and lots of items for your home! Park in the back of the church and use our rear entrance.
- Third Presbyterian Church Mission team is available to help register those without internet access for the FAYETTE County Covid vaccination registration. This service is available on Monday March 1 and March 8 at the Third Presbyterian Church 425 Union Street Uniontown front entrance Learning Center from 10:00am til 2:00. Please share with anyone who may need help.
- Albright United Methodist Church, South Connellsville is holding a soup sale 11a.m.to1pm.March 13.A Variety of home-made soups available to purchase. Take out only. Cost is \$6 a quart and \$3 a pint.
- Fayette County residents, maybe you've driven past the entrance to Fallingwater and thought, "I've always meant to go there." Mark your calendars for March 14, our spring Fayette County Appreciation Day, and enjoy a free, self-guided exterior experience. Reservations are required and can be made by calling 724-329-8501. Learn more: bit.ly/2lvNEg8.



Fallingwater during Fayette County Day in 2019

Having Purpose

I have been coming to the Clubhouse since May 2015. Because I have a visual impairment, I had fear about performing the tasks in the Clubhouse (especially in the Food Service Unit such as using the appliances). With the guidance of Clubhouse Staff and modifications provided by the disability services department of our auspice agency, Goodwill of Southwestern PA, I am able to work alongside my fellow members and the staff. Additionally, by coming to the Clubhouse with my fellow members and the staff, it provides me an opportunity to socialize and build relationships. Our Clubhouse makes me feel right at home just like family. Another part of the Clubhouse program that has helped me is the social outings. We

don't have them because of the pandemic right now, but I do attend the ones we have here in the Clubhouse facility. This provides me an avenue to get out of my home where I am oftentimes lonely. So, having the opportunities that Clubhouse e provides by getting services in the facility and the community helps my mood and gives me a purpose for getting up on the days the Clubhouse is open. By acquiring the skills at the Clubhouse, I am working on my goal towards being independent someday in the future.

~Jesse B.

Getting Help With Food	Little Free Pantries
<p>⇒ Find a Food Pantry (PA.gov)https://www.dhs.pa.gov/about/Ending-Hunger/Pages/Food-Pantries.aspx</p> <p>⇒ Fayette County Community Action is modifying some Food Pantry Operations due to the Coronavirus</p> <p>⇒ Website: http://fccaa.org/</p> <p>⇒ Facebook (Most Current): https://www.facebook.com/FCCAA.org/</p> <p>⇒ Our Map of Food Pantries in Fayette County / Other Grocery Resources http://corona-virus.unionstationclubhouse.com/resources/grocery.html</p> <p>⇒ Honey's Helping Hand Mondays and Thursdays at Biererwood Acres at 1pm! Curbside service! Info: https://www.facebook.com/Honeys-helping-hand-108365237359113</p> <p>⇒ Uniontown Salvation Army has a Pickup Soup Kitchen daily at the Service Center on Fayette Street from 11 AM to Noon During the Week</p> <p>⇒ Christian Church of Connellsville holds free community lunches from 11:30 a.m. to 1 pm. every Monday. It is takeout only.</p> <p>⇒ There will be a Fresh Food and Milk / Dairy Distribution this Saturday at the Masontown Brethren Church , 110 West Church Ave., Masontown starting at</p>	<p>9:00 AM until it is gone. Stay in your car, the items will be brought to you.</p> <p>⇒ Farmers to Families Food Distribution on Fridays until April starting at 11:00 a.m. This is located at 286 East Fayette Street in Uniontown , lineup begins there and continues down Fayette Street, not blocking intersections or the bus lane at Uniontown High School.. It is imperative to follow the directions of the distribution team.</p> <p>⇒ Trinity United Presbyterian Church has a food pantry open solely to residents of Uniontown with proper verification of ID. Food is dispersed in relation to the number of people in the household. You will be asked to provide the number of adults and the number of children. The food comes in pre-packaged grocery bags . The Food Pantry pickup is located in the front narthex. Enter through the front doors on Morgantown or Fayette Street. Pickup is the second and last Mondays of the month at NOON.</p> <p>Little Free Pantries are available around the clock at the following locations</p> <ul style="list-style-type: none"> ◆ Highlands Hospital, 401 E. Murphy Ave. Connellsville ◆ Connellsville Christian Church, 212 S. Pittsburgh St. ◆ Fayette Resources ATF, 1300 Connellsville Road, Lemont Furnace ◆ Pleasant View Presbyterian Church, 533 Royal Road. Smock ◆ Hutchinson Park Pavilion #4—Uniontown, PA* ◆ Areford Park—Frankhoover Street, Uniontown PA* <p>* Denotes During Park Hours Only</p> <p>These boxes operate under a take what you need, give what you can basis..</p> <p>For more information on the Little Free Pantry Movement, visit: https://www.littlefreepantry.org/</p>
Spotlight On: City Mission: Emergency Shelters	
<p><u>Men's Shelter</u></p> <p>The recently renovated Men's Shelter is dormitory style with beds for sixteen (16) men, shared kitchen, bathroom, living room, and laundry facilities. In addition, there are two (2) small apartments in the building. One of these is for the Residential Staff. The other is for the use of a shelter resident needing long-term housing. A small office is also located at the men's facility where resources for mission clients are coordinated. Shelter clients may stay at the facility for 30-60 days during which time they work with shelter staff to find employment and/or permanent housing.</p> <p><u>Women's Shelter</u></p> <p>City Mission Women's Shelter is a remodeled house and is</p>	<p>used for emergency shelter for women, and women with small children from non-abusive situations. There are twelve (12) beds that can accommodate eight (8) women depending upon the number of children. (Four of the beds are pull-out, trundle style beds allowing a mother and her child to sleep close to each other.) There are also communal kitchen and laundry facilities as well as an on-site apartment for the resident manager and an office where services are coordinated for residents. In addition to shelter and food, we provide an array of on-site services including case management, resident management, and transportation.</p> <p>More Information</p>

Beacon Health Options Continues Virtual Training with New Series

With the COVID-10 Pandemic still on the horizon, Beacon Health Options has decided again this year have another Virtual Training Series. The Prevention, Education and Outreach (P,E, & O) department of Beacon gathered input from Adult and Family Members throughout the 12- county Pennsylvania Service area . Our very own Dustin M. has been asked to serve on the Adult Planning Committee. Between the Adult and Family Committees along with a committee from the Northwest Three Partnership (Adults and Families from Crawford, Mercer, and Venango Counties). There are over a dozen of trainings planned, although some are geared for youth and families, while some are for adult members and some are for all audiences.

Confirmed Upcoming Trainings include:

- Tuesday, Mar. 16, 2021 @ 2:00 PM - Stop Drop and Lollipop – A Tobacco Cessation Presentation
[Registration Link](#)
- Friday, Mar. 19, 2021 @ 1:00 PM—Uncomfortable Conversations
[Registration Link](#)

- Tuesday, Mar. 30, 2021 @ 1:30 PM—Grief and Isolation
[Registration Link](#)
- Tuesday, April 6, 2021 @ 1:30 PM—COVID-19, Ask the Doctor
[Registration Link](#)
- Tuesday, May 4, 2021 @ 2:00 PM—Complaints, Grievances & Member Rights
[Registration Link](#)
- May 18, 2021 @ 2:00 PM—Ride the Wave with Gab Bonesso
[Registration Link](#)

Beacon Health Options is the Behavioral Health Managed Care Organization (BH-MCO) for Health Choices and Community Health Choices Members in Fayette and 11 other Western Pennsylvania counties. For more information or to contact Beacon, dial their 24/7/365 Member Hotline at 1-877-688-5972



Webinars / Stakeholder Meetings

⇒ [OMHSAS Provider / Advocate Stakeholder Webinar](#)
Tuesday, March 16, 2021, 3:00 pm to 4 pm EST

⇒ [A Story of Hope](#)
In this presentation, Sociologist, best-selling author, and mother of five Bertice Berry, Ph.D. argues that how we tell our story is how we are living our lives. "If we can tell better stories, we can live more productive, harmonious, and peaceful lives," Berry says. Sociological Story Telling, or using story as a means of understanding, connecting, and belonging is finding a new place among scholars and business leaders. However, Berry points out that it is also an effective tool for empowering its users to present the self they want and need others to see. Using her unique blend of storytelling and humor, Berry will make you think and feel

Thursday, March 25, 2021, 2:30 pm to 4 pm EST
<http://bit.ly/2MmZxtK>

MEMBER SPOTLIGHT: DEREK S. By: –GEORGE H.

Derek S. Has been a member of Union Station for a little more than a year and enjoys the staff with whom he works. He also learned about fellowship while at the program, which led him to become a nice person. All the members and staff tend to agree on this! So what does this fine gentleman wish to accomplish as a result of being a member? For right now, he just wants to improve his mental health, but if you ever read "Tortoise and the Hare," you would learn that "slow and steady wins the race," and that's just about as good a motto as any other.



Self-Determination Housing of PA Webinars

March 2021:

- ⇒ [Addressing a Housing Crisis](#), Thur, Mar 18, 2021, 1pm – 2pm
- ⇒ [Eviction Prevention and Processes](#), Thurs, Mar 25, 1pm – 2pm
- ⇒ [Home Modifications](#), Tues, Mar 30, 1pm – 2pm

Prepared Renter Education Program Series:

- o [Prepared Renter Education Program \(PREP\) Part 1](#), Tue, Mar 2, 2021, 1pm – 2pm
- o [Prepared Renter Education Program \(PREP\) Part 2](#), Tue, Mar 9, 2021, 1pm – 2pm
- o [Prepared Renter Education Program \(PREP\) Part 3](#), Tue, Mar 6, 2021, 1pm – 2pm

More Info:
<https://www.sdhp.org/>

⇒ [Moral Injury: Invisible Wounds and Unspoken Words](#)

This presentation will focus on the effects of moral injury from trauma (causal mechanisms, symptoms, behavior manifestation, psychosocial effects, and interventions). The demographic focus will be veterans with military sexual trauma, children of veterans, and family systems. It will address the gap in services as well as barriers faced. It will end with methods and current programs to address this void in interventions.

Date: Thursday, April 8, 2021, 2:30 pm to 4:00 pm EST

<http://bit.ly/39fqdWj>

⇒ [Health Choices Advisory Committee Meeting](#)

Date: Thursday, April 15, 2021
Time: 10:00am - 12:30pm

The meeting will involve the discussion of telehealth services.

[Registration Link](#)

Gov. Wolf Revises Mitigation Order on Gatherings and Lifts Out-of-State Travel Restrictions

As COVID-19 cases continue to decline and the state's vaccination plan is amplified, the Wolf Administration announced revised and lifted mitigation restrictions that are effective statewide today.

"Pennsylvania is taking a measured approach to revising or lifting mitigation orders," Gov. Wolf said. "The reason we are seeing cases drop can be attributed, in part, to people following the mitigation efforts we have in place. Mask-wearing, social distancing and hand hygiene are making a difference and need to continue even as we see more and more people fully vaccinated. We need to balance protecting public health with leading the state to a robust economic recovery. We are lifting mitigation efforts only when we believe it is safe to do so."

The revised mitigations restrictions announced today include:

Revised maximum occupancy limits for indoor events to allow for 15% of maximum occupancy, regardless of venue size. Core public health measures such as face covering (mask-wearing), social distancing, and hand hygiene still must be enforced. The 15% of maximum oc-

cupancy is permitted only if attendees and workers are able to comply with the 6-foot physical distancing requirement.

Revised maximum occupancy limits for outdoor events to allow for 20% of maximum occupancy, regardless of venue size. Core public health measures such as face covering (mask-wearing), social distancing, and hand hygiene still must be enforced. The 20% of maximum occupancy is permitted only if attendees and workers are able to comply with the 6-foot physical distancing requirement.

Eliminate out-of-state travel restrictions. In November, the Department of Health provided an updated travel order requiring anyone over the age of 11 who visits from another state to provide evidence of a negative COVID-19 test or place themselves in a travel quarantine for 14 days upon entering Pennsylvania. Today, this order was rescinded. The current downward trend of cases nationwide and implementation of testing requirements and universal face covering on public transportation and transportation hubs are reducing the risk that interstate travel is a vector of disease transmission.

Along with these changes, there is caution. Reduced cases, hospitalizations and deaths, and the more than 2.3 million vaccinations are good signs, but the CDC advises that now is not the time to introduce expansive loosening of mitigation efforts known to put people at more risk. New cases of variants continue to appear, and some experts warn of a fourth surge in cases.

The state considered broad range of data for today's announcement and when considering lifting additional restrictions including (all data is as of Feb. 26):

Percent of population receiving at least one dose of vaccine: 14 percent of the population under the jurisdiction of the Department of Health has received at least one dose of vaccine; if you remove those under age 16, the percentage increases to 16.9.

Percent positivity; this stands at 6.3%

The incidence rate per 100,000 residents; this stands at 101.3 over a 7-day period; and

Hospital bed capacity (availability) stands at 41%.

Qualifying EBT and government assistance recipients can save 50% on Prime membership

Qualifying EBT and government assistance recipients can save 50% on Prime membership

To be eligible for a discount on Prime membership, please verify your eligibility by providing one of the following:

- **SNAP:** Enter your EBT number and upload an image of the EBT card.
- **DE:** Image of Direct Express Debit Card.
- **EIP Card:** Image of Economic Impact Payment Debit Card (only for a limited time.)
- **TANF:** Image of eligibility letter for Temporary Assistance for Needy Families.
- **SSI:** Image of eligibility letter for Supplemental Security Income (this is different from Social Security and SSDI.)

- **NSLP:** Image of letter indicating current participation in the National School Lunch Program, with your child's name, the school name.
- **LIHEAP:** Image of letter confirming your eligibility for Low Income Home Energy Assistance Program.
- **WIC:** Image of eligibility letter for the Women, Infants, and Children program.
- **TTANF:** Image of Tribal assistance eligibility letter.

NOTE: The image should be legible, must show the date of issue (which should be within the last 12 months) or the expiry date (must be valid), and the name of the beneficiary.

o qualify:

Go to amazon.com/qualify.

Select **Get Started**.

Follow the on-screen instructions to verify your EBT card or other qualifying document.

After you verify your card or document, you can receive a discount on Amazon Prime. For more information on Amazon Prime, see [Amazon Prime](https://amazon.com/prime). This offer doesn't include Household sharing of Prime benefits.

If you reverify your eligibility every 12 months, you can receive the discount for up to four years from the date you sign up. We'll send you an email when it's time to reverify your document.

Unless you cancel your membership, at the end of the fourth year, you can sign up for a different paid Amazon Prime Membership.

Uniontown Salvation Army Service Center to Offer Grants for Rent and Utilities

The Uniontown Salvation Army has received a Covid-19 Grant that we are planning to utilize by offering rent and utility assistance. I have attached a copy of our agencies referral form which can be returned to us via email or fax. These funds are limited and will be available on a first come first served basis and I will follow up once these have been exhausted.

At the Service Center, we service zip codes 15401, 15416, 15445, 15456, 15465, and 15472. However, if you would have an individual that needs assistance with a utility

company not partnered with Dollar Energy Fund such as North Fayette County Municipal Authority, we could assist with that as well as on top of a Dollar Energy grant if it is not enough to cover a bill with one of the utility partners.

If there are any questions or concerns regarding this information, please reach out to Alyssa May, Captain Erin Rischawy, or Captain Danielle Hop-ping regarding.

We are looking forward to providing this assistance to those in need in our community!

St. Peter's Lutheran Church to have Supports for Families in Need

At Saint Peter's Lutheran Church, 181 Walnut Hill Road., (Across from the Uniontown Shopping Center) in Uniontown. The congregation has made available to the public in their parking lot share and care boxes of cleaning and baby products to the public in need. Take what you want, but share what you can.

Library Statuses

- ⇒ Brownsville Free Public Library is open for curbside services. Request books, get your faxes and copies as well. Monday & Tuesday 9am-2:30, Wednesday 10-5, Thursday & Friday 10-2:30
- ⇒ At the Carnegie Free Library of Connellsville, Only curbside service is available Appointments are required for curbside service to pick up or return loaned materials. Call 724-628-1380 for an appointment. Hours are 10:30 a.m. to 4 p.m. Monday, Wednesday & Friday, and 2-4 p.m. Tuesday & Thursday. Patrons can request materials by phone or online at www.waggin.org. Computer availability has been suspended. Reference assistance is available by calling 724-628-1380.
- ⇒ The Dunbar Community Library will be open to patrons beginning Tuesday February 2nd. We encourage patrons to please call before coming. All CDC guidelines currently in place must be followed. Revised hours of operation are Tuesday and Thursday 10:30 AM - 5:00 PM.
- ⇒ Frazier Community Library is offering curb-side service to patrons. The library lobby will be open to the public only on Wednesdays from 5:00 p.m. - 7:00 p.m. and Saturdays from 10:00 a.m. -11:30 a.m.
- ⇒ The Library is open 10-4 Mondays-Thursdays. Due to Coronavirus concerns, we are limiting the amount of patrons inside at one time, so you may have to wait your turn. Please be sure to wear your mask. Just knock for service!
- ⇒ The Point Marion Public Library will be continuing limited computer usage on Monday and Wednesday evenings during library hours 5pm-8pm. One person can use the computer for a limit of one hour. Please call the library at 724-725-9553 to schedule your computer time. Limited patrons are allowed in the library at a time to check out books. MASKS must be worn at all times in the library. CCFC's Front Line Mask Initiative provided us with masks for employees and patrons use. For your convince our library collection is available to browse on the library website. Requests can be made by calling the library at 724-725-9553 either during library hours or anytime by leaving a message. Return books in the outside drop box. For patron safety, all books will have a 4 day waiting period before being available for check out again.
- ⇒ Republic Community Library and Smithfield Public Library remain closed.
- ⇒ The Uniontown Public Library is Back to Curbside Pickup only. Call or email to Reserve Your Items and Schedule A Pick Up Time. They will return to browsing and public computer use as soon as possible. Please contact them at 724-437-1165 or upl@uniontownlib.org to let us know what you need. They're here to help!

Housing Page

Department Of Human Services Announces Updates, Additional Features For The MyCOMPASS PA Mobile App

Harrisburg, PA - The Department of Human Services (DHS) today announced the launch of myCOMPASS PA 5.0, the latest update to the myCOMPASS PA mobile app. The app offers key features that allow users to complete several case management actions like checking their application and benefit status, uploading requested documents, completing semi-annual renewals, and creating a COMPASS account. App users need to download the new version to continue to use the app via the Google Play or the Apple App Stores.

In this latest update, users are also able to check the balance of Supplemental Nutrition Assistance Program (SNAP) benefits on their electronic benefits transfer (EBT) card directly on their mobile device. Previously, recipients could check their balance only via the COMPASS website or by calling the EBT card vendor, Conduent.

"We are always working to improve our services and make them more convenient for the people who need them. The latest update to the myCOMPASS PA mobile app will allow users to check on important benefits information right from their mobile device," said DHS Secretary Teresa Miller. "I encourage everyone receiving benefits in PA to download the app and explore these helpful new features."

In addition to checking their EBT balance, the update also allows users to:

- Report a lost or stolen card;
- Review previous EBT transactions;
- Request a replacement EBT

card; and,

- Change their PIN.
- Since the introduction of the mobile app in 2016, benefit recipients have logged in more than 11 million times to check benefit status, report changes, submit documents, complete reporting requirements, and submit LIHEAP pre-season applications. DHS is continuing to explore additional improvements and modifications to the app to ease improve functionality and ability to complete submission requirements for assistance programs through the app.

Applications for public assistance programs like Medicaid, the Children's Health Insurance Program (CHIP), the Supplemental Nutrition Assistance Program (SNAP), the Low-Income Home Energy Assistance Program (LIHEAP), and Temporary Assistance for Needy Families (TANF) can be submitted online at www.compass.state.pa.us. Those who prefer to submit paper documentation can pick up an application at their local [County Assistance Office \(CAO\)](#) where social distancing protocols are in place, print from the website, or request an application by phone at 1-800-692-7462. Completed paper applications can be mailed to the applicant's local CAO or placed in a CAO's secure drop box, if available. Individuals do not need to know if they meet eligibility criteria in order to apply. While CAOs remain closed, work on processing applications, determining eligibility, and issuing benefits continues. We encourage clients to use COMPASS or the myCOMPASS PA mobile app to submit updates to their case files while CAOs are closed.

For more information visit www.dhs.pa.gov

HUD CHARGES PENNSYLVANIA HOUSING PROVIDER WITH DISCRIMINATING AGAINST PEOPLE WITH MENTAL DISABILITIES

WASHINGTON - The U.S. Department of Housing and Urban Development (HUD) announced today that it is charging Perry Homes, Inc., and Whittington and Whittington, doing business as Perry Homes, with violating the Fair Housing Act by refusing to allow assistance animals in rental properties in Harmony, Cranberry Township, and Zelienople, Pennsylvania. HUD's charge specifically alleges that rental agents for Perry Homes told fair housing testers posing as prospective tenants with disabilities that they could accept service animals but were not permitted to accept "emotional support" animals. [Read HUD's charge.](#)

The Fair Housing Act prohibits housing providers from discriminating against people with disabilities, including refusing to make reasonable accommodations in policies or practices when such accommodations may be necessary to provide persons with disabilities an equal opportunity to use or enjoy a dwelling. This includes permitting persons with disabilities to have service animals or assistance animals. Housing providers, unlike public accommodations, may not prohibit people with disabilities from having assistance animals that perform work or tasks, or that provide disability-related emotional support.

"Assistance animals provide an invaluable service to people who have disabilities, including disabilities affecting mental health," said Jeanine Worden, HUD's Acting Assistant Secretary for Fair Housing and Equal Opportunity. "Today's action demonstrates HUD's commitment to ensuring that housing providers follow the law by recognizing the right of persons with a disability-need for assistance animals to have that accommodation."

"HUD will vigorously enforce the rights of persons with disabilities to receive the reasonable accommodations they need to enjoy their homes," said Damon Y. Smith, HUD's Principal Deputy General Counsel. "HUD is committed to ensuring that housing providers do not discriminate against persons with disabilities who need assistance animals."

The case came to HUD's attention when Southwestern Pennsylvania Legal Services (SPLS), a HUD Fair Housing Initiatives Program agency, filed a complaint after testers posing as prospective tenants who said they had assistance animals were told that the animals were not allowed. Specifically, according to HUD's charge, Perry Homes rental agents told testers that only registered service animals that had been trained for a specific duty would be permitted, and that Perry Homes was not obligated to accept "emotional support" animals.

HUD's charge will be heard by a United States Administrative Law Judge unless any party elects for the case to be heard in federal court. If the administrative law judge finds after a hearing that discrimination has occurred, the judge may award damages to the complainant for losses that have resulted from the discrimination. The judge may also order injunctive relief and other equitable relief, as well as payment of attorney fees. In addition, the judge may impose civil penalties in order to vindicate the public interest.

People who believe they have experienced discrimination may file a complaint by contacting HUD's Office of Fair Housing and Equal Opportunity at (800) 669-9777 (voice) or (800) 877-8339 (Relay). Housing discrimination complaints may also be filed by going to hud.gov/fairhousing. For more information about assistance animals under the Fair Housing Act, please see: <https://www.hud.gov/sites/dfiles/PA/documents/HUDAsstAnimalNC1-28-2020.pdf>.

Help with Applying for SNAP

The Supplemental Nutrition Assistance Program (SNAP) better known by its former name of Food Stamps, helps individual and families make ends meet. More Information on SNAP is available. Call the Fayette County Community Action Agency for help applying. 724-430-6452



Recipe Corner

Homemade Alfredo Sauce

- 2 Tablespoons unsalted butter
- 2 cloves garlic minced
- 1 cup heavy cream
- 1 1/2 cups [Parmesan cheese](#) good quality freshly grated (see note below)
- 1/8 teaspoon [salt](#) (optional)
- 1/8 teaspoon [black pepper](#) (optional)

1. Place a medium saucepan over medium heat. Melt butter, then stir in minced garlic cloves. Cook about 1 minute or until garlic is soft and fragrant, stirring constantly.
2. Slowly add the heavy cream to the saucepan, whisk until cream comes to a boil. Reduce heat and simmer about 3-5 minutes or until it starts to thicken.
3. Stir in Parmesan cheese, salt, and pepper until smooth and thick.

~Jesse B.



Bacon Egg Pancake Cups



Servings: 6
Prep Time: 10 minutes
Cook Time: 10 minutes
Total Time: 20 minutes

Ingredients

1 small batch of your favorite pancake mix
6 strips of precooked bacon (see note)
6 eggs

Instructions

1. Preheat the oven to 350°F. Grease 6 molds of a muffin pan.
2. Mix up a small batch of your favorite pancake batter. About enough to serve 2-3 pancakes. I used Bisquick mix for mine.
3. Put a thin layer of pancake batter at the bottom of each mold. This layer must be very thin (about 1/4 inch); thinner than when you normally make pancakes because the pancakes will rise when cooked and you want room for your eggs.
4. Bake the pancakes in the oven for about 3-4 minutes, or until the batter is almost completely cooked.
5. Line the bacon around the inside of each muffin mold.
6. Crack an egg and pour it into the middle of each mold. If you are using large or extra large eggs, leave out some of the egg white, or else it will take too long for the egg white to cook and you may overcook your egg yolk.
7. Bake at 400°F for about 8 minutes or until the eggs are cooked to your desired doneness.

~Toni F.



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REGULAR EVENTS MAKING A COMEBACK

As the COVID-19 cases reduce in number and our society is opening back up, we at the Union Station Clubhouse are happy to announce that we have two regular occurring events making a comeback.

The first of said events will be our virtual Speaker Series. These informative sessions are held in collaboration with a variety of community businesses and organizations and the topics are wide ranging. Pre-COVID, these events were held at the Union Station Clubhouse and open to the public. At this time, however, we will be conducting these events virtually. Our first virtual Speaker Series event will be held on Wednesday, March 31st, and the topic will be proper online meeting etiquette. We plan on holding these the last Wednesday of every month. Make sure to follow our Facebook page for subsequent dates and topics

The second event we have making a comeback is our monthly employment dinner. This will give all of our working members a chance to commune and discuss their job experiences and offer support to each other. This will be commencing on Wednesday, March 24th.

We are hopeful that as restrictions relax and everything opens back up that we will be able to announce more activities and events very soon

~Scott B.

NEED HELP ??

- ⇒ Fayette County Crisis Line
724-437-1003
- ⇒ National Suicide Prevention
Lifeline
1-800-273-TALK (8255)
Veterans Press 1
- ⇒ Crisis Text Line: Text "PA" to
741-741
- ⇒ Disaster Distress Helpline:
1-800-985-5990
- ⇒ Get Help Now Hotline (for
substance use disorders):
1-800-662-4357
- ⇒ Pennsylvania Sexual Assault
Helpline – 1-888-772-7227
- ⇒ National Domestic Violence
Helpline – 1-800-799-7233
- ⇒ Persevere PA (COVID-19 Crisis
Counseling Program) - 1-855-
284-2494

More Helplines are at:

[http://
www.unionstationclubhouse.com/
hotlines.html](http://www.unionstationclubhouse.com/hotlines.html)



<http://goodwillswpa.org>

Online Support Groups Offered During the COVID-19 Pandemic

- ⇒ Several NAMI Affiliates in Pennsylvania offer Virtual Support Groups, mostly through ZOOM, Including
 - ⇒ NAMI Bucks County, PA
<https://namibuckspa.org/>
 - ⇒ NAMI Philadelphia
<https://namiphilly.org/>
- ⇒ PMHCA Virtual Drop In's
[https://pmhca.wildapricot.org/
resources/Documents/Virtual%20Drop-
Ins%20\(w.%20Meeting%20Info\)%20
\(1\).pdf](https://pmhca.wildapricot.org/resources/Documents/Virtual%20Drop-Ins%20(w.%20Meeting%20Info)%20(1).pdf)
- ⇒ Depression and Bipolar Support Alliance (DBSA)
<https://www.dbsalliance.org/>
- ⇒ Turn 2 Me
<https://www.turn2me.ie/>
- ⇒ 7 Cups
<https://www.7cups.com/connect/>
- ⇒ Daily Strength
<https://www.dailystrength.org/>
- ⇒ In the Rooms
<https://www.intherooms.com/home/>
- ⇒ Sanvello
<https://www.sanvello.com/>

