

Bi-Weekly Lunch Menu
October

Monday Salads	Tuesday Chicken	Wednesday Pizza/Stromboli	Thursday Sandwiches/Soup	Friday Pasta/Baked
<p style="text-align: center;">9</p> <p>Chicken, Bacon, Ranch Salad -romaine lettuce -grilled chicken -bacon -carrots -onions -peppers -ranch dressing</p> <p>SIDE: Garlic Stick</p> <p style="text-align: center;">BM-5</p>	<p style="text-align: center;">10</p> <p>BBQ Chicken Wings -4- chicken wings -BBQ sauce</p> <p>SIDE: Plain Chips</p> <p style="text-align: center;">MF-6</p>	<p style="text-align: center;">11</p> <p>Breakfast Pizza -pizza crust -eggs -cheddar cheese -sausage -bacon -ham</p> <p>SIDE: Fruit and yogurt</p> <p style="text-align: center;">BL-4</p>	<p style="text-align: center;">12</p> <p>Philly Steak & Cheese -steak -mozzarella cheese -hoagie bun -onions -peppers</p> <p>SIDE: Potato Soup</p> <p style="text-align: center;">JB-5</p>	<p style="text-align: center;">13</p> <p>Stuffed Shells -shells -ricotta cheese -spaghetti sauce -parmesan cheese</p> <p>SIDE: Side Salad</p> <p style="text-align: center;">JB-5</p>
<p style="text-align: center;">16</p> <p>Pittsburgh Steak or Chicken Salad -romaine lettuce -chicken or steak -onions -peppers -choice of dressing</p> <p>SIDE: French Fries</p> <p style="text-align: center;">TB- 6</p>	<p style="text-align: center;">17</p> <p>Chicken Quesadilla -grilled chicken -floured tortilla shell -onions -peppers -salsa -sour cream</p> <p>SIDE: Chicken rice</p> <p style="text-align: center;">BM-6</p>	<p style="text-align: center;">18</p> <p>Buffalo chicken Pizza -pizza dough -ranch -buffalo sauce -chicken</p> <p>SIDE: carrots &celery sticks</p> <p style="text-align: center;">4-CaJ</p>	<p style="text-align: center;">19</p> <p>Italian Hoagie -hoagie bun -salami -ham -cheese -shredded lettuce -Italian dressing</p> <p>SIDE: Italian wedding soup</p> <p style="text-align: center;">CJ-5</p>	<p style="text-align: center;">20</p> <p>Shrimp Alfredo -fettucine noodles -alfredo sauce -shrimp</p> <p>SIDE: Steamed broccoli</p> <p style="text-align: center;">CaJ-5</p>