

Union Station Clubhouse

Newsletter



Pennsylvania Clubhouse Coalition Picnic

By George H.

When I went to the PCC (Pennsylvania Clubhouse Coalition) Picnic over at another Clubhouse in Squirrel Hill called the Howard Levin Clubhouse, I was very impressed with what they had to offer. The Howard Levin Clubhouse is located in Squirrel Hill, right on the Pittsburgh side of the Squirrel Hill Tunnels. The food that was served was of a large and interesting variety and I met quite a few members and staff that had come from other Clubhouses. Even so, there are three new things I learned as a result of following one Clubhouse International Standard of Accreditation that says to go to other Clubhouses, see how they operate in comparison to yours, and bring back some ideas.

The first thing I thought was interesting is the fact that they have four units instead of two. Those units are Culinary (which is their Food Service unit), Thrift Store, Business (a Clerical unit), and Member Services. Even more interesting, though, is the fact that these units are made up of different rooms, and each of these smaller areas within the units have their very own needs lists.

The second thing that was intriguing is how they have their Procedure and Operation Manual set up. It starts off with your typical rules and regulations of every kind that are required in order to run their Clubhouse, but then goes in to how each and every task or job in the entire Clubhouse is carried out and conducted from beginning to end. If you ask me, that is one big manual!

Lastly, there was an announcement made by the spokesperson of the PCC. They had stated that there is a need for two chair-persons to join the PCC, and that each of these would meet with a larger PCC Committee in State College (Penn State's University Park) on a quarterly basis. If you are one of those members that like to get out and about every now and again for extended periods of time, and you don't mind that it's a business trip, this could very well be for you. I would advise that you talk to your Clubhouse Director for more info on how to register to be a chair-person should you be interested.

After all was said and done, I shared my findings at our monthly Unit Development Meeting which takes place at the end of each month. Needless to say, their Clubhouse definitely had some interesting ideas that we can look into as a Clubhouse later on should the need arise. It was a very interesting experience to have a PCC Picnic in the city for a change instead of at a park!

Member Spotlight: Henry B.

By George H.

Henry B. has been a Clubhouse member of Union Station for a period of 12 years or so. He enjoys the Clubhouse because it enables him to make friends with and talk to the other members and staff that help to run the Clubhouse as a team. He eventually wants to be a decent cook, as it would help him to become independent, which just so happens to be his goal in life. They say that everyone who is not independent wants to become independent so they can be free to do what they want, and Henry is no exception. The members and staff would like to encourage Henry at achieving this no-doubt extremely valuable goal!



Eat-Out-Night at Taco Bell

By Krysta C.

On September 5, 2018 Clubhouse spent their eat-out-night at Taco Bell located in Uniontown, Pa. There were quite a few members in attendance along with Clubhouse staff member Tammy F. We all had a good

time together enjoying one another's company while we chatted away over delicious food and drink. As a group we love doing so many things together. It feels like family, and we love spending time with one another.



God Saw You Were Getting Tired

By Krysta C.

God saw you were getting tired
And a cure was not to be.
So He put His arms around you
And whispered, "Come to me".

With tearful eyes we watched you,
And saw you pass away.
Although we loved you dearly,
We could not make you stay.

A golden heart stopped beating,
Hard working hands at rest.
God broke our hearts to prove to us,
He only takes the best.



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